

- Use these 6 actions together to keep everyone safe.



Stay home if you are sick.



Practice physical distancing. Keep 2 metres apart.



Wash your hands with soap and water or use hand sanitizer.



Cover coughs and sneezes with a tissue or elbow.



Keep your hands away from your face.



Wear a mask if you can.



Visit TBDHU.COM/StopGerms for more information.